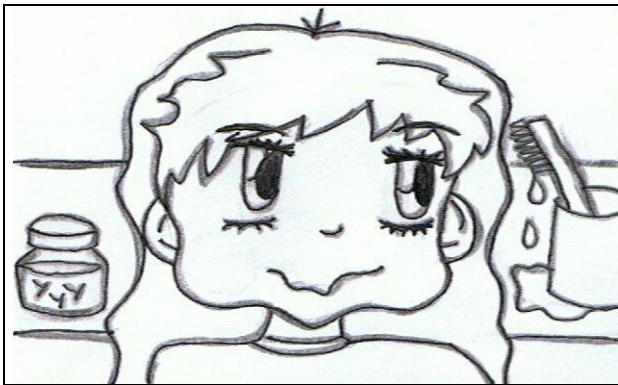


Patient information for children 5–10 years old

	
Lotti has cystic fibrosis and has to be careful so that she can stay well.	Sometimes her coughing gets worse and she feels tired and sick.
	
This is often caused by bacteria that set up home in her lungs.	A really mean bacterial family are the <i>Pseudomonas</i> bacteria.
	
We want to make it as hard as possible for these bacteria to get into Lotti's lungs.	So we designed a medicine that we collect from chicken eggs. But the medicine needs to be tested .

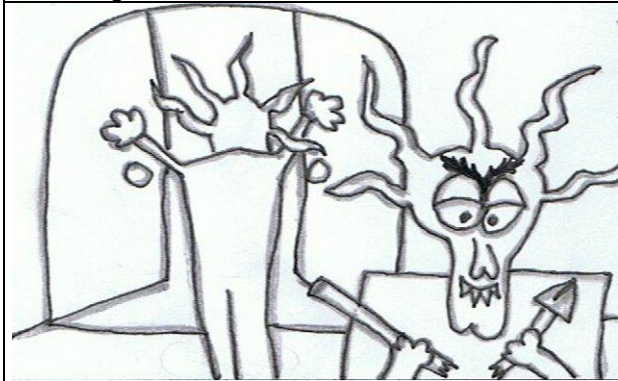
Lotti has decided together with her parents to try out the medicine. To do this she is joining a study. Her cystic fibrosis doctor first explained very carefully to Lotti and her parents exactly what will be done in this study and has examined Lotti.



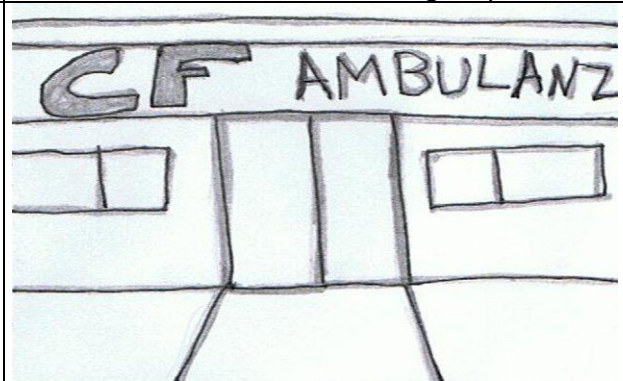
Lotti will be given a solution that she has to gargle and then swallow every night after brushing her teeth.



Lotti is not allowed to eat or drink anything else until the next morning so that the solution can work in her throat for as long as possible.



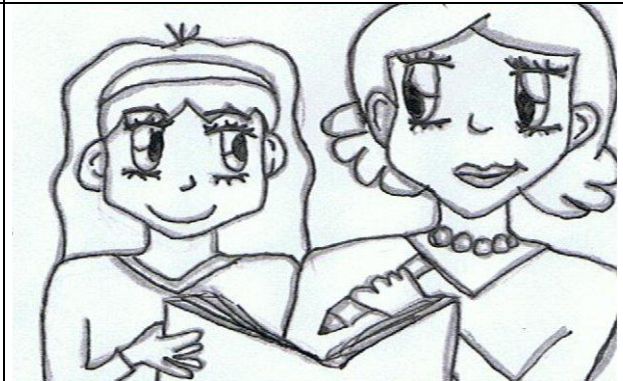
Lotti will take the medicine until the *Pseudomonas* bacteria manage to get back into her lungs again or for no longer than two years.



What else does Lotti have to do for the study? She will visit her cystic fibrosis outpatient clinic every three months as usual.



Lotti will be examined in the clinic. She will do a lung function test and someone will take either a sample of her sputum, a throat cough swab or endolaryngeal suction. Once a year she will also need to give a little bit of blood.



Lotti must also fill out a diary with her parents. Every day Lotti will write down in this book if she gargled her solution and how she is feeling.

Pictures painted by Josi B.

Would you also like to join the study?

It would help us to find out how we can make it harder for bacteria to make you and other children sick.

Decide together with your parents if you would also like to join the study. If you have questions, your doctor or the study nurse will be happy to answer them.

You can also ask your parents.